

*Kandice Neale*  
*Registered Massage Therapist,*  
*Retail Distributor and doTERRA Wellness Advocate*  
<https://www.shopmidland.com/kneadingmassage/>

### *The 3 Oils I Use Every Day:*

Wild Orange - for an uplifting start to my day!

Peppermint - for 'jaw clenching' headaches!

Lavender - for my evening wind down time!

### *The Quote My Heart is Singing to Right Now:*

'Every day is a chance to learn something new.'  
Anonymous

### *My Top Leadership Strength:*

My top leadership strength is having an open mind.

### *The One Thing I Consistently do for Self-Care:*

Meditation - with frankincense of course!

### *What I Love Most about doTERRA:*

The top thing I love about doTERRA is my team leader Cheryl. As a new member to the team, her love for the products, knowledge, and encouragement to try new oils is truly helpful to me for myself personally, and as I seek to bring these beautiful essential oils into the lives of others.